



## Introducing My Family Coach: Understanding your child's behaviour

Dear Parents and Carers,

We've heard from countless families telling us about their struggle to find reliable and useful information to understand their child's behaviour. At Team Teach, we have over 25 years' experience transforming 13,000 organisations, and training over 110,000 people in behaviour support each year. We also have a free website called My Family Coach to help families.

My Family Coach is full of useful resources, produced by specialists in child behaviour, parenting, and education. There's so much free support available - and we're adding more all the time.

You'll enjoy:

- Articles full of practical information on a wide range of topics
- Podcast episodes discussing children's behaviour, to listen to on the go
- Videos offering expert support on the issues affecting you
- Our free journal app to record, track and understand behaviour, with helpful hints and tips

My Family Coach helps you understand the reasons behind behaviour, helping to reduce arguments, and improve how your family communicates with each other.

It's free and simple to register using your unique registration code. Please ask your school or organisation for this code if you haven't already received it.

Sign up and find out what My Family Coach has to offer. You can find us at: [MyFamilyCoach.com](https://MyFamilyCoach.com)

Kind regards,

Jonathan Newport

Global Director of Team Teach & My Family Coach